

## OSMP South Teller Lake Trailhead

Last Updated Tuesday, 15 August 2006

South Teller Farm

### LOCATION

On the north side of Arapahoe Road between 75th and 95th Streets.

### PARKING

Parking lot at the end of 0.5 mile dirt road north of Arapahoe Road.

### TRAILS

East Boulder Trail is sport chair accessible and meanders to the north past Teller Lake and through farmland utilized for crop production, cattle and horse grazing and bee keeping on its way to the North Teller Trailhead. Northward, from the northwest corner of North Teller Trailhead, the trail extends west along Valmont Road for approximately 1/4 mile. Here it turns north crossing Valmont Road and enters the White Rocks Nature Preserve (\*\*Please note that all visitors must stay on trail in the White Rocks Nature Preserve as the property is private land for which Boulder holds a conservation easement.) This trail is sport chair accessible from Valmont Road northward to Boulder Creek. This trail may be taken to the White Rocks Trailhead on 95th Street or to the Gunbarrel Farm Trailhead at the intersection of Boulderado and Cambridge Streets in the Heatherwood neighborhood.

### BUS CONNECTIONS

An RTD bus passes very close to this trailhead. See Bus connections in English, Autobuses en español.

### RESTROOMS

Located at the trailhead.

## PICNIC FACILITIES

Picnic tables at the trailhead and parking area. Grills and stoves are prohibited.

## FISHING

All Colorado Division of Wildlife Fishing Regulations apply. For more info go to: <http://wildlife.state.co.us/regulations/>.

Fishing line and trash can kill wildlife. Please pick up all plastic trash you find! Discarded fishing line is especially dangerous to wildlife. Animals may eat or become entangled in litter, causing them to drown or starve to death.

## ACCESSIBILITY

This area is identified as being popular with people using wheelchairs. See the [Trails Accessibility Guide \(TAP\)](#) (3.44 MB).

## BIKE REGULATIONS

Bicycles are allowed throughout the length of the East Boulder Trail. A bicycle rack is available at both the north and south trailheads of Teller Farm. Bicycles may be ridden only on those trails that are posted with the international bicycle symbol.

Other bike trails on Open Space and Mountain Parks

## DOG REGULATIONS

All dogs must be on a leash when within 100 yards of Teller Lake. Dogs are not permitted north of Valmont Road in the White Rocks Nature Preserve. Dogs must be on a hand-held leash at all times east of the parking lot unless they meet

the voice and sight control standard and display a City of Boulder Voice and Sight tag. Dog excrement removal is required by law.

## HORSE REGULATIONS

Allowed on all trails. Off-trail riding is discouraged to protect rare plants and wildlife habitat.

## WILDLIFE

There is a variety of waterfowl and fish at Teller Lake. Grass carp were introduced into the lake to control the growth pond vegetation. State fishing regulations apply. All smallmouth and largemouth bass in possession must be 15 inches in length or longer. Raptors, coyote, fox and deer may also be observed in this area.

## HISTORIC INFO

Teller Farm is a historic and presently working farm. Irrigation and farming practices have changed since Open Space acquired the land.

## Before You Go

Please know OSMP rules and regulations.

Please study our six Leave No Trace" Principles to protect the land.

Dog owners: see our special dog page.

Hikers and climbers: Please be aware of all area closures.

Mountain bikers: Follow this link for trails where you can bike.

More Useful Links:

Trailhead summary

Trailhead Summary Matrix

[Trail system overview](#)

[Stay Safe, Know the Hazards](#)

[Wheelchair Accessible Trails guide](#)